

best foot forward



Free Walking for Health group meeting at Burdwood Surgery every Tuesday

Want to get more active?

Walking is a great way to get fit, explore what's on your doorstep and make new friends. Join one of our short, free walks today.

Tuesday's 10:30am, outside Burdwood Surgery.

Everyone welcome, approximately 30 min walk. Just turn up!



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West Berkshire
C O U N C I L